

# FEBRUARY AT THE EDWARD A. MYERBERG CENTER

## HEALTH

WEDNESDAY, FEBRUARY 8  
& FEBRUARY 22

1:30pm-3:00pm

Low Vision Support Group

FOR INFORMATION OR TO  
REGISTER

CALL WENDY GARSON

410-843-7309

Learn the Techniques of  
Balance & Fall Prevention

FRIDAY, MARCH 2

NOON- FREE

presented by Eric Johnson,  
Baltimore Tai Chi

## JOHANNA'S BOOK CLUB

FRIDAY, FEBRUARY 17

10:30am - FREE

*Major Pettigrew's Last Stand*

by Helen Simonson

Everyone is invited to join

*Johanna's Book Club* with facilitator,  
Paulette Kamelgard

## ENTERTAINMENT

MONDAY, FEBRUARY 20

11:30am

President's Day Lunch & Movie  
Pizza & salad lunch followed by

«The President's Man»

movie & popcorn

A U.S. President's highly classified  
secret agent must find a fearless  
replacement to take over his  
extremely dangerous military  
missions.

Starring Chuck Norris, Dylan Neal  
& Jennifer Tung

Sponsored by  
Woodholme Gardens

\$2

Register with Toba Morganstein

## THE ALZHEIMER'S SUPPORT GROUP

Join our social worker  
Ruth Glick

for this support group  
First & third Monday  
of every month  
10:00 am- FREE

*The Florence & Jerry Buckner  
Eating Together Program  
Presents*

TUESDAY, MARCH 6

11:30am

An Afternoon of Comedy, Magic  
& Entertainment

Super Lunch & Magic Show

\$5 Member/ \$8 Non-Member

Register with Toba Morganstein

*The Dorothy Orfuss Stein  
Art Program Presents*

## LIFE DRAWING

THURSDAYS, MARCH 8-MAY 3

12:30pm-3:30pm

Explore one of art's fundamental artistic  
challenges—the human being. In this class, we  
will practice drawing the (clothed) human being  
through gesture sketches gradually moving into  
poses of longer duration to encounter and solve  
visual conundrums.

Instructor Wendy Cohen's work has been shown  
at the Morris A. Mechanic Theater, The Jewish  
Community Center, The Baltimore Museum of Art  
and many other galleries in Maryland & Virginia.

She has taught at many area schools including  
Towson University & the Maryland Institute of Art.

\$127 Priority (by February 21)/ \$139 Member  
\$169 Non-Member

## SENIOR SUNDAY PROGRAM

Pre-registration required by completing  
the form below. Doors open at 10:30am.

SUNDAY, MARCH 18

## KEYBOARD PLAYER

## JOHN SCHNEIDER

Member: FREE

Non-Member: \$2

## SENIOR SUNDAY SIGN-UP

Name (s): \_\_\_\_\_

Sunday, March 18

Phone: \_\_\_\_\_

Member  Non-Member

To register, complete form &  
drop in the box at the front desk

## EMERGENCY CLOSING POLICY

If Baltimore City Schools are closed  
due to a weather related emergency,  
The Myerberg Center will be closed.

If Baltimore City Schools are delayed  
by two hours, The Myerberg Center  
will open at 10:00am. The Eating  
Together Program will not be offered.

If Baltimore City Schools are not in  
session because of vacation or  
holiday, an announcement will be  
made on WBAL Radio.

## FITNESS CENTER NEWS

## BE GOOD TO YOUR HEART!

Join the Fitness Center during  
February, American Heart Month,  
and we'll waive your  
\$15 evaluation fee.

Parkinson's Program: an exercise  
program dedicated exclusively to  
those with Parkinson's. The class  
will feature cardio, stretching & light  
weights. Led by Claudette Dorries.  
Claudette has over 15 years working  
with Parkinson's patients and served as  
director of the Parkinson's program at  
LifeBridge.

MONDAYS & WEDNESDAYS

12:30pm-1:30pm

Member: \$60/Month

Non-Member: \$90/Month

Physician clearance is required for  
participation

For more information,  
call Gail Woven at 410-358-6856

## AARP TAX AID

THURSDAYS,

FEBRUARY 9-APRIL 5

Bring your 2010 Tax Return and  
all 2011 tax papers

Appointments required

Call Pat Goldberg at

410-358-6856